'Integrating Ayurveda With Modern Science'

Dr. Rohit Madhav Sane is the first to conceptualize the idea that ancient Indian medical science, Ayurveda, can play a big role in chronic disease. Founder of Madhavag Clinics & Hospitals in India, Dr. Rohit Madhav Sane has used his education in modern medicine and undertook a meticulous research into Ayurveda. Extensive experimentation and delving deeper into every minute aspect of his study helped him to find scientific evidence to substantiate this novel idea. The effort resulted in a highly effective alternative therapy for chronic heart failure through combination of modern medical science and the well-established therapies prescribed in Ayurveda.

In conversation with Dominic Rebello, Dr. Sane talks about his company Madhavag and the positive aspects and challenges that the Ayurveda sector is facing.

Tell us a few words about Madhavag...

Madhavag is leading in the field of Ayurvedic care and hospitals. Founded in 2006, it has established a strong foothold in non-invasive cardiac care and therapies for lifestyle diseases like diabetes, hypertension, etc., with over 200 clinics and 2 hospitals. We are working with a clear goal of reducing the morbidity and mortality from heart disease in India. We believe this can only be achieved using a 360-degree approach which starts from the spreading awareness among cardiac classes and its various risk factors, followed by screening and diagnosis for timely detection, while working with patients through disease education and goal setting, supported by delivering the right intervention customized to the needs of the patient.

How is Madhavag different from others?

Madhavag is the first organization to conceptualize the idea that ancient Indian medical science, Ayurveda, can play a big role in chronic disease. This means we focus on improving the lifestyle of cardiac patients through proven non-surgical Ayurvedic medicine. Our Ayurvedic procedures, extensively researched diet, advanced physiotherapy, and doctor’s guidance. This is what the Panchakarma method of healing and treating complex cardiac disorders.

What are the positive aspects and challenges that the Ayurveda sector is facing and how do you plan to address them?

Within the Indian traditional system of medicine, Ayurveda is getting recognition across the nation due to its proven efficacy and safety usage for various communicable and non-communicable diseases. Also, the number of Ayurveda practitioners in the country has increased by 57% in the period between 2011 to 2015.

Among the challenges, there is currently lack of standardization in regulations in Ayurveda. This is an issue that needs to be addressed in Ayurveda’s current state.

What is store for the future of Madhavag?

We are currently working on developing a system for patients with diabetes in a single day, using Glucose Tolerance Test (GTT). We are confident in reversing more diabetes in more patients and break our own record in the coming months and years.

Briefly tell us about yourself...

I have completed my MBBS and French medicine in 2006. Since its establishment, it has been successfully recognized as a dependable organization for prevention and treatment of heart ailments with its unique approach of being non-invasive, multidisciplinary, and pioneering therapies. I was one of the first doctors to conceptualize the idea that ancient Indian medical science, Ayurveda, can play a big role in chronic disease. I have been using my education in modern medicine and our Ayurveda program is now recognized as one of the most effective.

Passenger vehicle exports from India dips 7.37% in Q1

Passenger vehicle exports from India declined by 7.37% in the first quarter of 2018-19 as various leading companies focused on domestic market while issues at some key markets abroad curtailed overseas shipments. As per the latest SIAM data, 2,379,448 units were exported in the April-June period, compared with 2,592,623 units in the same quarter of 2017-18.

On the other hand, Ford India exported 35,356 units during the period under review, down 7.67% from 38,053 units in April-June 2017-18. Exports during the quarter were affected due to preparation for the launch of new model, Freestyle, a Ford India official said, adding the company’s production was also more on catering for the Indian market. Similarly, Maruti Suzuki saw a marginal drop in its PV exports at 25,724 units during the first quarter.

TCNS Clothing Co to raise up to Rs 1,100 crores via IPO

Delhi-based TCNS Clothing Co, which operates brands such as W, Aurelia and Wishful, has said it will raise up to Rs 1,100 crore through an initial public offering (IPO), and has priced its shares between Rs 714 and Rs 716 per share. The IPO opens on July 16 and closes on July 20. The company is engaged in the business of designing, manufacturing, marketing and retailing of branded women’s wear. The company has established a diversified retail presence through multiple distribution channels spread across 31 states and Union Territories.

Building sustainable Anganwadi Centers with 'Anganwadi for All'

There are more than a million Anganwadi centers in India, employing more than 2 million workers who are mostly female and intuitive to the health needs of the region. The Anganwadi program under Child Development Services (CDS) scheme is one of the largest child care programs in the world, aiming at child health, hunger, malnutrition and its related issues.

Since architecture in India is also part of the development of underserved communities, there is immense weight on revitalization of healthcare and sanitation. With a vision to maintain this momentum and sustain the growth of rural and urban infrastructure, Morphogenesis has compiled a simple, user-friendly guide to help you build your own Anganwadi. The proposed guidelines aim to help understand the space requirements of an Anganwadi, such that the building can fulfill its core functions successfully.

Morphogenesis, one of India’s leading architecture and design studios and a world leader in net zero energy and sustainable design, has a reputation for being an innovative practice at the forefront of thought leadership in design. Morphogenesis’ compilation, named as ‘Anganwadi for All’ specifically talks about minimum area requirements, space allocation and functions, keeping in mind the availability of funds, site conditions and local building materials.